

# Speak Out Now at Kaiser

A workplace newsletter for Kaiser Oakland workers

March 18, 2026

## SYMPATHY STRIKES TODAY SHOW SOLIDARITY

Mental health therapists organized in NUHW at Kaiser in Northern California and the Central Valley are going on a one-day strike today (Wednesday, March 18). They are striking as they have been out of contract since September, and for greater control and protections over the introduction of AI into their jobs at Kaiser. Their picket is scheduled from 6 a.m. to 2 p.m. Nurses in CNA and Engineers from IUOE Local 39 at Kaiser Oakland are also joining the action and are striking for the day.

These sympathy strikes are good news and represent a step forward in building union solidarity. However, they have also left many of us wondering why there were not similar sympathy strikes during the recent UNAC/UHCP strike? Why can union leaderships so easily support one strike and not the other? And how can we support our coworkers even if our union leadership does not take the initiative?



**JOIN SPEAK OUT AT OUR  
NEXT EVENT**

**ART BUILD FOR  
NO KINGS DAY**

Come join us creating banners, posters,  
and drums in preparation for the No  
Kings March on March 28th

**TUESDAY, MARCH 24TH, 6 PM**

**TALK TO US OR CONTACT US ON  
IG IF YOU ARE INTERESTED IN  
ATTENDING**



 [speakoutsocialists.org](https://speakoutsocialists.org)

## BONUS TIME WHILE GAS INCREASES

Some of us that get a bonus on our checks yearly are glad to have got them, though it's unclear to know how it is paid out. Is it dependent on years of service? We hear different things from different people, like that it depends on how well our local region did on not having so many sick calls.

At the rate gas prices are increasing with the war on Iran, it seems like this bonus is barely enough to cover the increase of gas prices for the week. Ok, ok maybe for more than a week but DAAAMMN.

## A MODEL FOR PENNY PINCHERS

Staffing seems to be set up for those that are best at penny pinching. The penny has gone out of style as it is no longer produced.

But it seems like those in charge of staffing have taken notes because the way they staff and rehire people after they have retired from this company seems almost as unfashionable as the penny. Our patients deserve better, and we deserve to have more support.

**NO KINGS**   
**NO BILLIONAIRES**  
**NO WAR** **& NO BUSINESS  
AS USUAL!**



**3/28 12PM** **OSCAR GRANT PLAZA  
OAKLAND, CA**

**LOOK FOR OUR "SPEAK OUT SOCIALISTS"  
BOOTH AT OSCAR GRANT PLAZA (NEAR 12TH  
STREET BART STATION). JOIN AND MARCH WITH  
US TO LAKE MERRITT AMPHITHEATER!**

**IG: @sonsocialists**

