

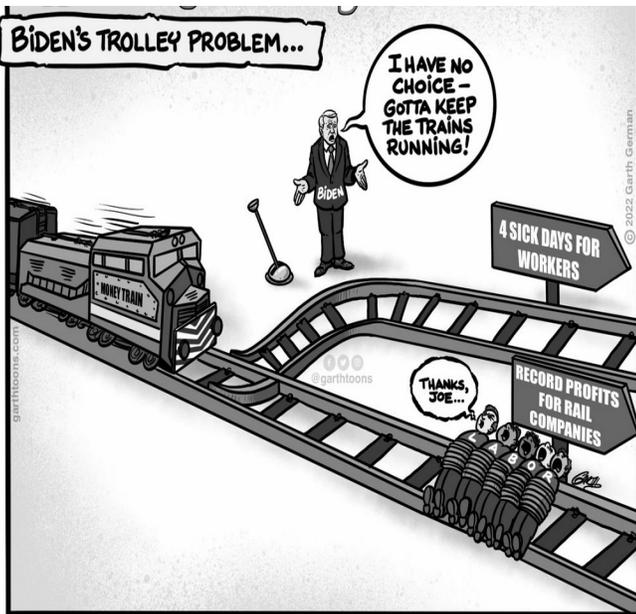
## Speak Out Now! at AC Transit 12/5/2022

### What About Our Lives?

Similar to the railroad workers who have been in the news who don't have real sick time, workers at AC are also kept on a short leash. Especially for people with low seniority, we usually get stuck with really crazy schedules, working insane amounts of hours, often with long split shifts. Then throw in the long commutes that many of us take every day... Good luck having much of a life outside of work! This is a recipe to burn people out. It shouldn't be a surprise that in a survey of 190 transit systems around the country, 96% of the agencies reported having serious labor shortages. Hmmm... Wonder why?

### Behind The Wheel With A Full Bladder

How many of us have gotten stuck on a long run with a lot of delays when we have to use the restroom? To add insult to injury, when we get to the end of the line, either there are no clean restrooms around or there is hardly enough time for a layover before it is time to head back on the road. What other job do people have to suffer through these basic indignities?



**Biden - The “Most Pro-Labor”  
President?**

**Must Be a Low Bar...**

### “Quiet Quitting” is Just the Beginning

The phrase “quiet quitting” has been blowing up all over social media, and has corporate productivity specialists freaking out. Most self-described “quiet quitters” aren’t quitting their jobs – rather they are quitting the idea of continuously going above and beyond at work. They are trying to reject the idea that their worth as a person is only defined by their workplace productivity.

Work is often the place where we spend most of our adult lives, constantly working, creating wealth for the bosses so that we can survive. It is usually difficult and draining, and for most workers, it is often unfulfilling – or worse it leaves us with less and less time to enjoy our lives.

Refusing to go above and beyond is a first individual step to resisting this exploitation. This individual step is able to take a much more powerful form when we are able to move from individual acts of resistance to collective ones, by organizing and fighting back together – from small-group acts of resistance at work to full-blown strikes.

In this light, “Quiet quitting” can be the beginning of our individual resistance to the exploitation of capitalism. But it cannot be the end of it. If we want to live fulfilling lives, and not just live only to go to work, we will have to loudly quit this system altogether.

### Iran: A Mass Uprising ... Where Could it Lead?

The death of Mahsa (Jina) Amini after her beating by Tehran’s so-called “morality police” has sparked one of the most significant and sustained protest movements in the history of the Iranian regime. What are the prospects for the movement, and what is the potential for the working class to organize a decisive breakthrough?

**Saturday, December 10th at 12PM**

